



COMMUNITY CONNECT NEWSLETTER

May 2021

West Island Community Sector:
Rooted in Unity,
Empowering Community

Welcome to the May edition of Community Connect, an initiative the CRC is exploring. Our goal for this newsletter is to create a space to share news of interest to community group teams. We welcome your feedback! [Click here](#) to share your thoughts

WELCOME & FAREWELL

In the West Island, many of us feel that we are part of a bigger collaborative team - the WI Community Sector. With that, we welcome new team members and wish all the best to those leaving. Share your team updates: news@crcinfo.ca

Marie-Claude Wilkins is retiring this July. She has been working in the West Island's community sector for many years, with the last 15 as Executive Director of [L'Equipe Enterprise](#). **Claudia Campeau** has joined the team, and will be taking on the role of Executive Director.

West Island Citizen Advocacy welcomes a new case worker to their [matching program](#). **Jessica Tobia** will be replacing **Brenda Siritwah** during her maternity leave.

[Big Brothers Big Sisters West Island](#) would like to officially welcome their new caseworkers **Aleksandra Glusac** and **Katrina Starr** to their team.

FUNDRAISERS

May 1 (May 8 rain date)

Empty Bowls

Bread Basket's annual [opportunity to purchase a local potters bowl\(s\)](#) filled with nutritious soup.

May 1-8

Mother's Day

Treat Mom to a cake and support Big Brother Big Sisters West Island. [Order today.](#)

May 1-31

Speak Out

An initiative to support women and children who are victims of conjugal violence. For every face mask sold, \$10 will go directly to the West Island Women's Shelter. [Join the movement!](#)

May 1-31

Virtual Art Show

The Lakeshore Artists Association presents its 32nd [Spring Art Show](#) in support of NOVA West Island.

May 1-July 5

Plantables

Purchase plants for your garden at [Plantables.ca](#) and use code: BBBSWI. 10% of the proceeds will go to Big Brother Big Sisters West Island.

May 6

From Vine To Glass

Taste and learn, in support of Alzheimer Groupe Inc (AGI). An introduction to natural wine. [Register here.](#)

COMMUNITY CALENDAR

EVENTS

May 6, 13

Director Meet-Ups

An online space for directors of community organizations to meet, chat, ask a question or share an idea. Hosted by the CRC. [Join us when you can!](#)

May 26

Community Team Member Meet-Up

An online space for community team members to meet, chat, exchange ideas. Sign up with the CRC. [Click here to register.](#)

May 27

Director Discussions

Save the date! A monthly event for Directors to exchange ideas, share challenges, discuss strategies on a specific topic. Detailed invitation to come...

May 28

Annual General Meeting

Volunteer West Island. [Invitation & details here.](#)

JOB POSTINGS

**Mental health
counsellor (on call)**

OMEGA [More info](#)

Child Care Worker

AMCAL [More info](#)

**Residential
Coordinator**

OMEGA [More info](#)

**Street outreach
worker**

AJOI [More info](#)

**Summer Day Camp
Animators**

WIAIH [More info](#)

**Outreach Community Worker
Early Childhood Program**

AMCAL [More info](#)

Housekeeper

West-Nette [More info](#)

**Communication
Agent**

CRC [More info](#)

**Mental health worker for
Supervised apartments**

OMEGA [More info](#)

TRAININGS

May 31 - June 5

Navigating the Mental Health system

Friends for Mental Health sheds light on the mental health system and helps develop the skills of family caregivers in difficult situations. [Register here.](#)

May 1- June 10

Creative Expressions Workshop

Offered by Friends for Mental Health. Although art and creation are used as a form of expression, no artistic experience is required. [Details here.](#)

May 6 - June 10

Mindfulness Hour

Caregivers will learn how to reduce overthinking and work with their worries. [Register with Friends for Mental Health.](#)

May 19

Community Sector Virtual Orientation

Orientation session for community team members, offered by the CRC. Learn more about West Island's Community Resources and network including the tables and committees of the territory.

[Register here.](#)

DID YOU KNOW...

- There is a free counselling service available to community workers and volunteers who are coping with psychological distress during the pandemic. LÉO is a free helpline available to you and your team. 1-855-768-7LEO. [Learn More.](#)
- Nearly 13 million Canadians annually donate their time to a non-profit organization in their community. Volunteer West Island fosters and develops volunteerism in our community. [Learn more.](#)
- An Aire Ouverte is coming to the West Island! It will offer a space where 12 to 25 year olds and their families/carers can access different health and well-being services. [Learn More.](#)

NEW INITIATIVES

Online Yoga for Caregivers

Hosted online by Alzheimer Groupe Inc. Techniques to help ease stress and anxiety. [Register here.](#)

Sentinel Project

West Island Citizen Advocacy, in partnership with the Centre Multi-Ressources de Lachine, is creating a [network of citizen Sentinels](#), who will be trained to help identify isolated and vulnerable seniors.

Board member recruiting campaign

West Island Community Shares and Volunteer West Island have launched a [board member recruitment campaign](#) for the community sector!

CELEBRATE

Halte-Transition

Action Jeunesse de l'Ouest-de-l'Île (AJOI) and Ricochet (Hébergement / Homes) are proud to announce the extension of the [Halte-Chaleur West Island services](#). Under its new name Halte-Transition, the centre will continue to welcome people experiencing homelessness and residential instability until June 30, 2021.

COMMUNITY QUESTION

Does your organization have an AGM scheduled? Let us know here and we will add it to our Community Calendar.

[Answer here](#)

CONNECT

May 17

Deadline to submit June edition content

Does your organization have news to share? An event, fundraiser, or training of interest to community group team members? Or a new program or milestone to celebrate?

Send your news to news@crcinfo.ca

Join Our Mailing List!

If you are interested in being on our **Community Connect mailing list** please [sign-up here](#)



**CONNECT.
PROMOTE.
SUPPORT.**

the West Island Community Sector