

## COMMUNITY CONNECT NEWSLETTER

## May 2022

West Island Community Sector: Rooted in Unity, Empowering Community

Welcome to the May edition of Community Connect. Our goal for this newsletter is to create a space to share news of interest to community group teams. We welcome your feedback! Click <u>here</u> to share your thoughts.

## TRAININGS

## May 5

# Understanding and Supporting People with Aphasia and Primary Progressive Aphasia

A free webinar offered by Alzheimer Groupe Inc. to learn more about aphasia and primary progressive aphasia (PPA), including advice on how to better communicate with and support people with PPA. To register, click <u>here</u>.

## May 18

#### **Community Sector Virtual Orientation**

Orientation session for community team members, offered by the CRC. Learn more about West Island's community resources and network, including the tables and committees of the territory. Register <u>here</u>.

## May 19

#### Demystifying Insurance: What Nonprofits Need to Know to Protect their Operations

A free webinar offered by Charity Village on the most common risk exposures for nonprofit organizations and the three key coverages to help protect operations. To register, click <u>here</u>.

## **COMMUNITY QUESTION**

Does your organization have an AGM scheduled? Let us know <u>here</u> and we will add it to our CRC Community <u>Calendar</u>.

## **FUNDRAISERS**

## May 1-31

### I Run for Cody

I Run for Cody 2022 will take place throughout the month of May. Participate virtually or support a participating runner in support of The Cody Michael Bouchard Fund and **VOBOC**. For more information, click <u>here</u>.

## May 5

### Beaconsfield High School Charity Show

A performing arts show on Thursday, May 5th from 7pm to 9 pm at Beaconsfield High School. All proceeds will be generously donated to **NOVA West Island**. For more information, click <u>here</u>.

## May 14

#### Village des Valeurs Community Event

On May 14th **Big Brothers Big Sisters of West Island** will be at <u>Village des Valeurs</u> for their community event. All gently used household items and clothing that are donated will result in a monetary donation to support BBBSWI.

## May 14

#### **Big Beau Garage Sale**

A community wide garage sale in the Beaurepaire Village on May 14th with live musical performances in support of **NOVA West Island**. For more information, click <u>here</u>.

#### **Cookbook for Sale**

**Bread Basket's** cookbook, *Simple Local Fare*, includes seasonal recipes, stories of local farmers and beautiful photos. All funds raised support food security programming. Buy <u>here</u>.

> Click to see more fundraisers!

## **EVENTS**

### May 5, 12 & 26

#### **Director Meet-Ups**

An online space for directors of community organizations to meet, chat, ask a question or share an idea. Hosted by the CRC. Join us when you can!

## May 19-21

#### **Discovering Caregiving through Art Therapy**

Visit the Centre Culturel Georges-Vanier to view an exhibition of paintings created by participants in the Alzheimer Society of Montreal's art therapy group for caregivers. For more information, click here.

### May 20, 27 & 28

#### **Community Kitchen**

Bread Basket offers community kitchens which are groups of people (4 to 6), accompanied by a kitchen animator, who, together, prepare a balanced, appetizing and economical meal in three steps (cooking, eating and sharing portions). To register: contact <u>corbeilledepain@gmail.com</u> / (514) 894-5850.

### **May 22**

#### **Garden Tour**

Join West Island Citizen Advocacy on a self-guided tour of 12 beautiful gardens in Beaconsfield, along with a scavenger hunt, prizes, and a tea party to end the day! By car, bike, or on foot, don't miss this inspiring event! For tickets, click <u>here</u>.

### **May 28**

#### Marchethon Angelman du Québec

A walk to raise awareness about Angelman Syndrome. For more information, click <u>here</u>.

## May 29

#### **Montreal Walk for Alzheimers**

Join the Alzheimer Society of Montreal for the 18th annual Montreal Walk for Alzheimers. For more information, click <u>here</u>.

Click to see more community events!

## **JOB POSTINGS**

Day Camp Animators WIAIH

Street Outreach Worker AJOI

> Housekeeper West-Nette

Click to see more community jobs!

## VOLUNTEERISM

Volunteer West Island now has a new collaborative and engaging way of recruiting volunteers for non-profit organizations. Every 3 months VWI will send out a Google form to help understand the current needs of our local volunteer recruitment. To access the form and to let them know about your non-profits needs for volunteers please email volunteers@volunteerwestisland.org.

## May 27

#### Volunteer West Island's AGM

Volunteer West Island would like to invite you to its AGM at 11am on ZOOM. Hear about the incredible things the West Island Community has accomplished and what's to come next! Confirm your attendance at info@volunteerwestisland.org.

Does your community organization need volunteers? Are you interested in volunteering at a local organization? Click <u>here</u> for more information from Volunteer West Island.

**Bread Basket** is in need of volunteers for a variety of activities. Fill out the volunteer application form <u>here</u>.

## **SAVE THE DATE 2022**

## June 1-30

#### **Annual General Meetings**

Consult CRC's community <u>calendar</u> to see scheduled AGMs. Have one to add? Click <u>here</u>.

## June 6

#### AGI's 10th Annual Golf Tournament

Whether you're a competitive golfer or you just love the game, grab your golf clubs and join us for **Alzheimer Groupe's** annual golf tournament! For more information, click <u>here</u>.

## June 6

#### **Cocktail en Blanc**

An elegant benefit evening bringing together West Island leaders working towards workplace diversity, inclusion and equity. **West Island Community Shares** invites guests to come dressed in white to enjoy this elegant cocktail dînatoire paired with classic drinks and fine wines. More information coming soon!

### June 26

#### WIBCA's 40th anniversary

Join West Island Black Community Association on June 26 as they celebrate their 40th anniversary! More information coming <u>soon</u>.

## **DID YOU KNOW?**

• The City of Dollard Des Ormeaux created an online community board for nonprofit organizations to promote their services and activities. For more information, click <u>here</u>.

## **PROGRAMMING NEWS**

- West Island Black Community Association (WIBCA) has updated their website with a News & Events section, which will also feature a Job Corner. To view the website, click here.
- WIBCA is now accepting scholarship applications until May 27th. For more information about the scholarships, click <u>here</u>.
- **Big Brothers Big Sisters of West Island** is launching their new program "Mentorship 16-21" at the end of Spring 2022. This program offers youth aged 16 to 21, with a history of placement and who have been served under the Youth Protection Act or the Youth Criminal Justice Act, the opportunity to be matched with a mentor, who will act as an additional positive role model in the youth's life.
- AJOI's open gym is back and operating under their regular schedule. For more information, click <u>here</u>.

## **NEXT EDITION**

## May 16th 2022

#### Deadline to submit content for the June 2022 Newsletter

Does your organization have: news to share? An event, fundraiser, or training of interest to community group team members? A new program or milestone to celebrate? Send your information to <u>news@crcinfo.ca</u>.

### **Join Our Mailing List!**

If you are interested in being on our Community Connect mailing list please sign up <u>here</u>.



the West Island Community Sector