



COMMUNITY CONNECT NEWSLETTER

November 2022

West Island Community Sector:
**Rooted in Unity,
Empowering Community**

Welcome to the November edition of Community Connect. Our goal for this newsletter is to create a space to share news of interest to community group teams. We welcome your feedback! Click [here](#) to share your thoughts.

VOLUNTEERISM

Dorval Meals on Wheels is seeking a [Shopping Coordinator](#) who is mature, strong and has a car. This person will automatically be on the local executive team, be a third signatory on our cheques, and will join several other group coordinators on this committee. For more information please contact Volunteer West Island at volunteers@volunteerwestisland.org or call (514) 457-5445.

NOVA West Island is actively recruiting [volunteers](#) for their thrift shops!

TRAININGS

November 17

The Fundamentals of Email Marketing for Nonprofits

Charity Village is offering a free webinar on the fundamentals of email marketing for nonprofits. Click [here](#) to register.

FUNDRAISERS

November 1- December

Yule Log Fundraiser

Big Brothers Big Sisters West Island is hosting their 3rd annual yule log campaign! Purchase a yule log through the [online boutique](#) and support youth during the holidays. Pick up will be at Traffic Tech in Kirkland during the week of December 12th 2022 (more details to come).

November 12

La Sortie GALA

La Sortie is hosting the 5th edition of their Gala. Join them for cocktails, a fine dining experience and a night of entertainment for a good cause! Click [here](#) to get your tickets.

November 13

ABOVAS Pasta Fundraiser

Support **ABOVAS** and join them at Mundo Trattoria between 1pm and 7:30pm for their second annual pasta fundraiser. There are 4 seatings and take-out options! Buy your tickets [here](#).

November 26

Beaurepaire Holiday Market

Visit **NOVA West Island** at the 3rd annual Beaurepaire Holiday Market between 3pm-7pm. Visit the Beaurepaire Village Business Association [Facebook Page](#) for more information.

Cookbook for Sale

Corbeille de Pain's cookbook, *Simple Local Fare*, includes recipes for appetizers, salads and simple to prepare mains. The book also features stories from local farmers and photography that encourage readers to cook more at home. All proceeds will support food security programming. Buy [here](#).

Click to see more
fundraisers!

EVENTS

November 4, 18 & 25

Community Kitchen

Corbeille de Pain offers community kitchens which are groups of people (4 to 6), accompanied by a kitchen animator, who, together, prepare a balanced, appetizing and economical meal in three steps (cooking, eating and sharing portions). Please visit their [website](#) for upcoming workshops. Registration can be done by emailing info@corbeilledepain.com

November 9

Under the Cover

Literacy Unlimited is hosting their next Under the Cover event with author Catherine McKenzie who will be reading select chapters from her new book. Click [here](#) for more information.

November 10 & 24

Director Meet-Ups

An online space for directors of community organizations to meet, chat, ask a question or share an idea. Hosted by the **CRC**. [Join us when you can!](#)

November 10

PCP Annual General Meeting

Projet Communautaire Pierrefonds (PCP) will be hosting their annual general meeting at 116 rue Cartier, Roxboro from 5:30-7:00 p.m, no registration required.

November 12

MWCN Health Fair

Visit the **NOVA West Island** booth at the annual Montérégie West Community Network [Health and Wellness Fair](#) from 10am-4pm.

November 19 & 20

Pointe-Claire Artisan Show

Corbeille de Pain will be participating in the Pointe-Claire Artisan Show at Stewart Hall. Check out all the handcrafted items for sale! Information will be updated [here](#).

Click to see more
community events!

JOB POSTINGS

Employment Counselor
Carrefour jeunesse-emploi de l'Ouest-de-l'Île

Click to see more
community jobs!

PROGRAMMING NEWS

- The **West Island Crisis Centre** has created a support group for coping with anxiety and depression. Click [here](#) for more information.
- The **Teresa Dellar Palliative Care Residence** is offering a series of free online interactive information sessions for family caregivers. For more information, click [here](#).
- **PCP's** Perinatal program is open to new referrals. Women who are pregnant can contact Cristin Bleau at cbleau@pcpwi.ca or 438-377-9156 to access services. A support worker is provided to the mother to be, as well as online workshops.
- **Carrefour jeunesse-emploi de l'Ouest-de-l'Île** is excited to announce their brand new Leaders in Environmental Action Program or 'L.E.A.P.' aimed at supporting green initiatives for youth across the West Island! Click [here](#) to learn more.
- The **West Island Women's Centre** is offering a free intermediate French course for women wanting to improve their skills in French, helping to communicate effectively in everyday situations. Click [here](#) for more information.
- **Big Brothers Big Sisters West Island** is beginning the process of collecting donations for the Christmas baskets for their families in need. Tax receipts can be issued. Contact Cathy Kudzman, office manager, at bbbswi@bigbrothersbigsisters.ca or at 514-538-6100 extension 3338 to begin the basket process and/or for any other information.
- **The West Island Women's Shelter** would like to share their External Services (without shelter). A free and confidential service with a counselor that is specialized in conjugal violence. Click [here](#) for more information.

DID YOU KNOW?

- Due to renovations, **West Island Citizen Advocacy (WICA)** is temporarily moving its offices to 152 Concord Crescent in Pointe-Claire on November 1st. They will continue with a hybrid work schedule and their office will be open Monday-Friday - 9am-4pm. You can also continue to reach them by phone at 514-694-5850.
- **Alzheimer Groupe Inc.** has launched their revamped [website](#) with easy to navigate features and updated information.

NEXT EDITION

November 15th, 2022

Deadline to submit content for the DECEMBER/JANUARY edition

We will be doing a special 2-month edition of Community Connect that will be published at the start of December. If your organization has news to share, an event, fundraiser, or training of interest or a new program or milestone to celebrate, please send the info to news@crcinfo.ca

Join Our Mailing List!

If you are interested in being on our Community Connect mailing list please sign up [here](#)



**CONNECT.
PROMOTE.
SUPPORT.**

the West Island Community Sector