



COMMUNITY CONNECT NEWSLETTER

September 2022

West Island Community Sector:
**Rooted in Unity,
Empowering Community**

Welcome to the September edition of Community Connect. Our goal for this newsletter is to create a space to share news of interest to community group teams. We welcome your feedback! Click [here](#) to share your thoughts.

DID YOU KNOW?

- **Habitat for Humanity** is looking for families for their Home Ownership [program](#)! Eligible families that become a Habitat partner have the chance to own an affordable home! With no down payment, and with very advantageous interest rates, this is a great opportunity for local families. To fill out the application form, click [here](#).
- The **CIUSSS de l'Ouest de l'Île de Montréal** is asking for feedback regarding their services and user experience. There is a survey designed for the [general population](#) and one specifically for [community organizations](#) that can be completed.

VOLUNTEERISM

Does your community organization need volunteers? Are you interested in volunteering at a local organization? Click [here](#) for more information from Volunteer West Island.

Corbeille de Pain is looking for volunteers to help in their programs. If you are interested, fill out their volunteer application [form](#).

FUNDRAISERS

September 1

Hector Toe Blake Golf Tournament

Hosted by the **Alzheimer Society of Montreal** and Raymond James Ltd., with the special collaboration of the Montreal Canadiens Alumni. Click [here](#) to learn more about this fundraiser that is in tribute to Montreal Canadians Alumni who have been touched by Alzheimer's disease.

September 12

AMCAL Family Matters Golf Tournament

Join **AMCAL Family Services** at their 21st Family Matters Golf Tournament! Sign up [here](#) as a golfer or as a sponsoring partner!

September 19

WIAIH-Richard Held Charity Golf Classic

Whether you're a competitive golfer or you just love the game, grab your golf clubs and join **WIAIH** for the 28th edition of this fundraising tradition. For more information, click [here](#).

September 24

Black Carpet Gala

Join **WIBCA** for the return of their annual gala to celebrate their volunteers, members, and scholarship awardees. Dress to the nines and join the festivities by signing up [here](#).

September 24

Course for Compassion

A family friendly event for a great cause! Join the **Teresa-Dellar Palliative Care Residence** for their annual Course for Compassion fundraiser. Choose your distance and sign up [here](#).

September 24

Corbeille de Pain's cookbook, *Simple Local Fare*, includes recipes for appetizers, salads and simple to prepare mains. The book also features stories from local farmers and photography that encourage readers to cook more at home. All proceeds will support food security programming. Buy [here](#).

Click to see more
fundraisers!

TRAININGS

September 13

WIAIH Information Session

Join WIAIH for an online information session to learn more about bodies, growth, sexuality and healthy relationships in people with an intellectual disability and/or autism. For more information, click [here](#).

September 13

Non-Profit Leadership Certificate

Offered by John Abbott College in collaboration with West Island Community Shares for non-profit professionals, current and aspiring leaders and anyone interested in working in the community sector. Click [here](#) to discover the fundamentals of leading in the non-profit sector.

September 13-October 11

Living With Arthritis

AWISH is offering a series of 5 free interactive and informal information sessions where participants are encouraged to share their day to day experience, coping skills and ideas. Sessions are Tuesday's from 6:30-8:30pm. Register by phone 514-631-3288 or email arthritis@awishmontreal.org by September 9th.

September 15 - October 20

A Caregiver's Guide to Understanding Borderline Personality Disorder

Friends for Mental Health is offering a free online training for families and caregivers to better understand borderline personality disorder. For more information, click [here](#).

September 22

Managing Emotions in Workplace Conflict

Join Charity Village for a free webinar to learn how your organization can manage workplace conflict. Not all conflict is destructive, and emotions are an important information source to be incorporated into resolutions. For more information, click [here](#).

EVENTS

September 2 & 23

Community Kitchen

Corbeille de Pain offers community kitchens which are groups of people (4 to 6), accompanied by a kitchen animator, who, together, prepare a balanced, appetizing and economical meal in three steps (cooking, eating and sharing portions). Please visit their [website](#) for upcoming workshops. Registration can be done by emailing info@corbeilledepain.com

September 8 & 22

Director Meet-Ups

An online space for directors of community organizations to meet, chat, ask a question or share an idea. Hosted by the CRC. [Join us when you can!](#)

September 10

Community Awareness Day

The Plaza Pointe-Claire is once again hosting its annual Community Awareness Day on Saturday September 10th from 10am-4pm to help promote the many clubs and organizations in the area that enrich the community.

September 10

Children's Cancer Workshop

West Island Cancer Wellness Center is offering a fun and interactive workshop for children aged 6-12 to demystify cancer! Register by September 2nd by emailing wicwc@wicwc.org or calling 514-695-9355

September 28

ABOVAS Conference

ABOVAS is hosting a bilingual panel discussion on the mental, physical and social deconditioning in a post-pandemic world and will also explore other seniors' wellness topics. There will be a Q&A for the audience and on-site kiosks representing the conference's participants. To register, click [here](#).

[Click to see more community events!](#)

PROGRAMMING NEWS

- **The Alzheimer Society** activity center is now offering in person programming! To view the schedule of programming, click [here](#).
- **L'Équipe Entreprise** is recruiting for their social and socio-professional integration program! To learn more about the program and its benefits, click [here](#).
- **Corbeille de Pain's** solidarity markets will continue operating into October. Visit the À-Ma-Baie Market location (9625 Boul. Gouin Ouest in Pierrefonds) on Thursdays between 4:00pm to 7:00pm, or the Pointe-Claire location at the Bob-Birnie Arena (58 Maywood), every other Wednesday from 4:00pm to 7:00pm. For more information please visit their [website](#) or email them at info@corbeilledepain.com.
- The **CRC** is offering individual virtual orientations for new community team members to learn more about the West Island's community resources and network, including the tables and committees of the territory. To schedule a session, email info@crcinfo.ca
- **The West Island Assistance Fund** is in need of donations. They are looking for non-perishable food items, personal products and school supplies. A red box for donations has been placed outside the Civic Center of Dollard-des-Ormeaux at the entrance #4 (in front of the library) from August 15 until October 17, 2022.

JOB POSTINGS

Assistant Director
Corbeille de Pain

Development Assistant
West Island Cancer Wellness Center

[Click to see more
community jobs!](#)

NEXT EDITION

September 15th, 2022

**Deadline to submit content for the
October 2022 Newsletter**

Does your organization have: news to share?
An event, fundraiser, or training of interest to
community group team members? A new program
or milestone to celebrate? Send your information to
news@crcinfo.ca

Join Our Mailing List!

If you are interested in being on our Community
Connect mailing list please [sign up here](#)



**CONNECT.
PROMOTE.
SUPPORT.**

the West Island Community Sector