



COMMUNITY CONNECT NEWSLETTER October 2024

West Island Community Sector:
**Rooted in Unity,
Empowering Community**

Welcome to the October edition of Community Connect. Our goal for this newsletter is to create a space to share news of interest to community group teams.

FUNDRAISERS

October 23

Big Dinner Soirée

Join **Big Brothers Big Sisters West Island** for a lovely evening of great food and entertainment. Get the details and your tickets [here](#).

Click to see more fundraisers!

EVENTS

October 1 & 15

Free Workshops for Unemployed Professionals

Executives Available offers career transition services to executives and professionals over the age of 35 who are currently looking for employment. A combination of group workshops and one-on-one counseling sessions. Contact them at 514-697-2227 or info@eacd.ca to register.

October 10 & 31

Director Meet-Ups

An online space for directors of community organizations to meet, chat, ask a question or share an idea. Hosted by the **CRC**. [Join us when you can!](#)

October 8

Make Healthy Eating Easier

Literacy Unlimited is hosting a free workshop for 55+ from 1-2 pm at their office in Pointe-Claire. Bring a food product with its label. To sign up, call 514-694-0007.

October 19

Health Fair

NOVA West Island will have a booth at the annual MWCN Community Health Fair. Details [here](#).

October 23

Open House

Join **AMCAL Family Services** for an open house event to learn about their programs and upcoming events! Details [here](#).

October 25

Online Safety: PINs and Passwords

Literacy Unlimited is offering a free workshop for 55+ from 1-2:30 pm at Literacy Unlimited in Pointe-Claire. Bring your laptop, tablet, or cell phone. To sign up, call 514-694-0007.

October 27

Repair Café

FabZone is offering a repair café which offers Free repairs of small appliances, textiles, small wooden furniture, toys and more. Donations welcome!

October

Solidarity Markets

Corbeille de Pain's Solidarity Markets are ongoing until October 17th! They have three markets in the West Island and offer social pricing at all of them. Check out the markets on Tuesdays from 3 to 6 pm in DDO, Wednesdays from 4 to 7 pm in Pointe-Claire, and on Thursdays from 3 to 6 pm in Pierrefonds.

Community Kitchens

Corbeille de Pain is now back to their regular schedule for the Community Kitchen workshops. These fun and educational workshops are held on most Fridays in three different locations in the West Island. Please click [here](#) for more information and to access the Fall schedule.

Click to see more community events!

JOB POSTINGS

Volunteer Programs and Resource Assistant
Volunteer West Island

Home Health Aid
Nova West Island

Activity Health Aide for Senior Activity Programs
Nova West Island

Bilingual Program Coordinator
VOBOC

Food Security Coordinator
Corbeille de Pain
(please see their website)

Overnight Guardian
Li-Ber-T House

Specialized Educators
WIAIH

Animators
WIAIH

Click to see more
community jobs!

VOLUNTEERISM

- **Big Brothers Big Sisters West Island** are looking for volunteers (ages 16+) to provide mentorship and build a relationship with a child - grades 1 to 6 - through activities, games and conversation in their in school mentor program. Email Marisa. mcclure@bigbrothersbigsisters.ca for more information
- **The Thrift Shops for NOVA** are actively recruiting volunteers! For more information, contact them directly at 514-694-8417
- **Literacy Unlimited** is seeking volunteer tutors to help English-speaking adults improve their reading and writing. Tutor training is provided. Visit their [website](#) or call 514-694-0007 for more information.

- **ABOVAS** is seeking new volunteer companion drivers (nouveau bénévole accompagnateur conducteur). Those interested can visit their [website](#) or call Monica at 514-513-3838.

PROGRAMMING NEWS

- The **CIUSSS** has created a newsletter for community partners. Read the latest news from the CIUSSS [here](#).
- **AMCAL Family Services** is offering a workshop for parents with children ages 1-5 that focuses on various topics related to child development. Learn more [here](#).
- Do you know someone who struggles with reading or writing? **Literacy Unlimited** offers free, one-on-one tutoring to English-speaking adults who want to improve their literacy skills. Check out their [website](#) or call 514-694-0007 for more information.
- **Literacy Unlimited** has launched their new ambassador program! This initiative is all about raising awareness and tackling the issue of low literacy in the West Island, where 45% of adults face literacy challenges. View the full press release [here](#).
- **The West Island Women's Shelter** offers support groups for women that are victims of conjugal violence or post separation violence. View the schedule of groups [here](#).
- **AMCAL Family Services** is offering a 4 week social skills support group to lay the foundation for positive relationships, emotional development and successful participation in group activities. Learn more [here](#).

NEXT EDITION

October 14th, 2024

Deadline to submit content for the November 2024 Newsletter

Does your organization have: news to share? An event, fundraiser, or training of interest to community group team members? A new program or milestone to celebrate? Send your information to news@crcinfo.ca



**CONNECT.
PROMOTE.
SUPPORT.**

the West Island Community Sector