



COMMUNITY CONNECT NEWSLETTER November 2024

West Island Community Sector:
**Rooted in Unity,
Empowering Community**

Welcome to the November edition of Community Connect. Our goal for this newsletter is to create a space to share news of interest to community group teams.

CRC SAVE THE DATE

December 5th, 2024
[Jingle Mingle](#)

VOLUNTEERISM

- **Big Brothers Big Sisters West Island** are looking for volunteers (ages 16+) to provide mentorship and build a relationship with a child - grades 1 to 6 - through activities, games and conversation in their in school mentor program. Email Marisa.mcclure@bigbrothersbigsisters.ca for more information
- **The Thrift Shops for NOVA** are actively recruiting volunteers! For more information, contact them directly at 514-694-8417
- **Literacy Unlimited** is seeking volunteer tutors to help English-speaking adults improve their reading and writing. Tutor training is provided. Visit their website or call 514-694-0007 for more information. <https://literacyunlimited.ca>
- **ABOVAS** is seeking new volunteer companion drivers (nouveau bénévole accompagnateur conducteur). Those interested can visit their website or call Monica at 514-513-3838. www.abovas.com

FUNDRAISERS

November 1

Yule Log Campaign

Big Brothers Big Sisters is hosting their annual Yule Log Fundraiser. More information coming soon on their [website](#).

November 2

Yoga for NOVA

Join **NOVA West Island** for their 16th annual Yoga for NOVA fundraising event at the Centre Harpell from 10am-12pm. Click [here](#) to register.

November 2

Haunted House

Join the **West Island Citizen Advocacy** for their annual [Haunted House](#)! Free with donation at the door.

November 3

Pasta Fundraiser

ABOVAS is hosting their 4th annual Pasta Fundraiser at Mundo Trattoria. Get your tickets [here](#)!

November 8

Casino Night

Enjoy an evening of blackjack, poker, roulette and more at **AMCAL Family Services** annual Casino Night! Buy your tickets [here](#).

November 18

Trivia Night

Join **VOBOC** for a trivia night fundraiser at Cunningham's Pub in Sainte-Anne de Bellevue. Learn how to reserve your spot [here](#).

November 23

Beau Holiday Market

Don't miss this fantastic opportunity to connect with the community and discover unique local gifts, crafts, delicious food, exciting raffles, and more surprises at the [Beau Holiday Market](#), all while supporting **NOVA West Island**.

Click to see more
fundraisers!

EVENTS

November 7

Fraud and Debt

Literacy Unlimited is hosting a free workshop for 55+ from 1:30-3pm at The Teapot in Lachine. Protect yourself from bank fraud and learn how to pay down debt with RBC Bank. To sign up, call 514-694-0007.

November 10

Repair Café

FabZone is offering a repair café which offers Free repairs of small appliances, textiles, small wooden furniture, toys and more. Donations welcome!

November 12 & 26

Free Workshops for Unemployed Professionals

Executives Available offers career transition services to executives and professionals over the age of 35 who are currently looking for employment. A combination of group workshops and one-on-one counseling sessions. Contact them at 514-697-2227 or info@eacd.ca to register.

November 14

Director Meet-Ups

An online space for directors of community organizations to meet, chat, ask a question or share an idea. Hosted by the **CRC**. [Join us when you can!](#)

November 15

Budgeting and Saving Habits

Join **Carrefour jeunesse-emploi de l'Ouest-de-l'Île** for a bilingual workshop for young adults on personal finances and a free pizza lunch! More information [here](#).

November 20

Taste of Tradition Workshop

Join **Corbeille de Pain** from 5 to 8 pm, at Cedar Park Church where a guest chef will be teaching some traditional Japanese recipes! Please send an email to cuisines@corbeilledepain.com to register.

November 26

Chair Exercise

Literacy Unlimited is offering a free workshop for 55+ from 1-2pm at Literacy Unlimited in Pointe-Claire. Build healthier muscles and bones. To sign up, call 514-694-0007.

November 27

Fall Art Exhibition

Come celebrate youth talent at **LOVE Quebec's** Fall Art Exhibition. This event showcases the talents and creativity of youth across Montreal supported by LOVE. More information coming soon on their [website!](#)

Community Kitchens

Corbeille de Pain's Community Kitchen workshops are held on most Fridays in three different locations in the West Island. Click [here](#) to access the schedule. To register, please send an email to cuisines@corbeilledepain.com.

Click to see more
community events!

PROGRAMMING NEWS

- The **CIUSSS** has created a newsletter for community partners. Read the latest news from the CIUSSS [here](#).
- **Carrefour jeunesse-emploi de l'Ouest-de-l'Île** is launching a Food and Toy drive starting November 1st to support On Rock. New toys (no used items accepted) and non-perishable food items can be dropped off in a designated box at their office in Pointe-Claire.
- Do you know someone who struggles with reading or writing? **Literacy Unlimited** offers free, one-on-one tutoring to English-speaking adults who want to improve their literacy skills. Check out their [website](#) or call 514-694-0007 for more information.
- Are you feeling overwhelmed with job postings and recruitment challenges? Centre de recherche d'emploi Pointe-Claire's new service **CREPC+** is here to assist with all HR-related concerns. Contact them today at 514-206-9558 or email r.sarault@crepointeclaire.com to learn more about their services.
- **AMCAL Family Services** is offering a 4 week social skills support group to lay the foundation for positive relationships, emotional development and successful participation in group activities. Learn more [here](#).

JOB POSTINGS

Home Health Aid
Nova West Island

Activity Health Aide for Senior Activity Programs
Nova West Island

Bilingual Program Coordinator
VOBOC

Food Security Coordinator
Corbeille de Pain

Community Kitchen Coordinator
Corbeille de Pain

Part-time Community Kitchen Animator
Corbeille de Pain

Early Stimulation Center Educator
WIAIH

Family Support Services and
Community Outreach Agent
WIAIH

Light Housekeeping Attendant
Répit-Ressource

Click to see more
community jobs!

NEXT EDITION

November 14th, 2024

Deadline to submit content for the December/
January 2025 Newsletter

- We will be doing a special 2-month edition of Community Connect that will be published at the start of December. Does your organization have: news to share? An event, fundraiser, or training of interest to community group team members? A new program or milestone to celebrate? Send your information to news@crcinfo.ca



**CONNECT.
PROMOTE.
SUPPORT.**

the West Island Community Sector