



OMEGA COMMUNITY RESOURCES

LIVING BOOKS

Living Books is a unique event where members of the public can visit the library to "read" real people who share their personal stories of living with mental illness. Through one-on-one conversations, attendees gain understanding, and empathy by hearing lived experiences firsthand.

Saturday November 8th, at the
Pierrefonds Library from 10:00am to
12:00pm

Saturday November 15th at the *Dorval Library* from 1:00pm to 4:00pm

For more information contact: 514-631-2760
ext. 105